



## **Day Conference Package £65 per person**

**The following menu features over 30 different plants, whole foods and has no refined sugars.**

**They also taste delicious.**

Delegates will feel both fuelled and energised throughout the day,

**Minimum number of guests 20 – price inclusive of service**

Freshly brewed coffee, organic teas, fruit juice, still and sparkling water served throughout the day.

### **Welcome breakfast**

Virgin Mary shots / banana & chia overnight oats / carrot lox and cream cheese blinis / avocado on seeded toast / mushroom & spinach frittata bites.

### **Mid Morning Break**

Seasonal fruit platter / pesto savoury scone, olive tapenade & cherry tomato / Cranberry, orange and pumpkin seed granola bars

### **Hot fork buffet**

Basil tofu ratatouille / Green lentil moussaka / mushroom and borlotti bean bourguignon / garlic & rosemary roasted new potatoes / Kale, apple and cashew salad / roasted vegetable and pearled spelt salad / 7 vegetable slaw

Dark chocolate, coconut and cherry brownie / Lemon & blueberry crumble bars

### **Afternoon Break**

Fresh fruit platter / matcha & chia protein balls / courgette, lemon and poppy seed cake